

**NOTE:**  
Please read all instructions  
carefully before using this  
product

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**Model**  
**RS3000**

**Retain This**  
**Manual for**  
**Reference**

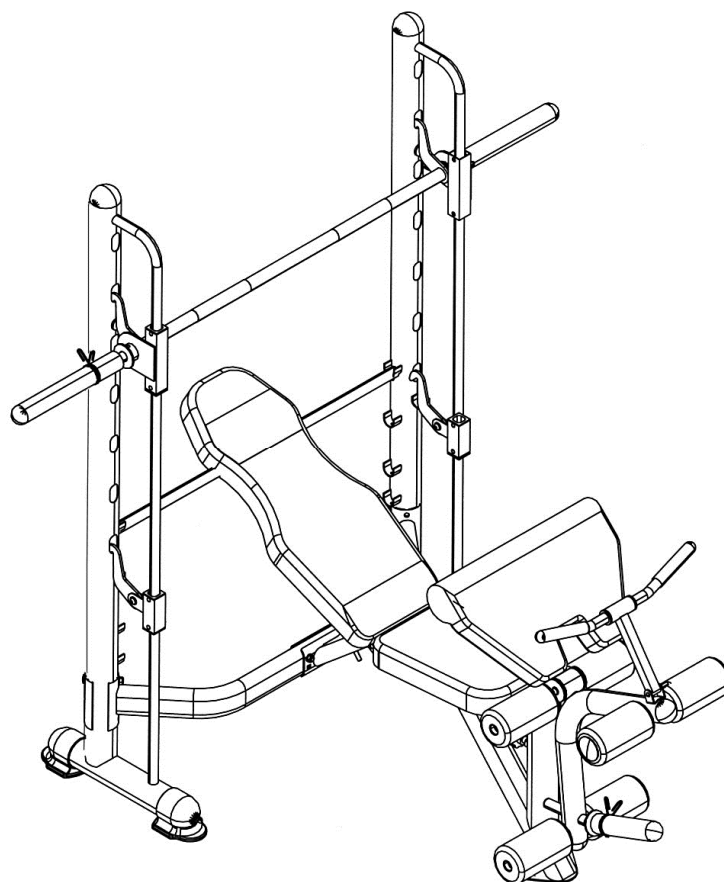
**01082020**

**OWNER'S**  
**MANUAL**



## **MARCY ECLIPSE RS3000**

### **HALF SMITH SYSTEM**



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## BEFORE YOU BEGIN

Thank you for selecting the MARCY Eclipse RS3000 Half Smith System. For your safety and benefit, read this manual carefully before using the equipment. As a distributor, we are committed to provide you complete customer satisfaction. If you have any questions, or find there are missing or damaged parts, we guarantee you complete satisfaction through direct assistance. To avoid unnecessary delays, please contact our customer service department, Monday to Friday 9am – 5pm GMT.

*Supplied by*

*Pure-tec Limited*

[www.puretecfitness.com](http://www.puretecfitness.com)

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## **IMPORTANT SAFETY NOTICE**

### **PRECAUTIONS**

This exercise machine is built for optimum safety. However, certain precautions apply whenever you operate a piece of exercise equipment. Be sure to read the entire manual before you assemble or operate your machine. In particular, note the following safety precautions:

1. **Keep children and pets away from the machine at all times. DO NOT leave children unattended in the same room with the machine.**
2. Only one person at a time should use the machine.
3. If the user experiences dizziness, nausea, chest pain, or any other abnormal symptoms, STOP the workout at once. CONSULT A PHYSICIAN IMMEDIATELY.
4. Position the machine on a clear, leveled surface. DO NOT use the machine near water or outdoors.
5. Keep hands away from all moving parts.
6. Always wear appropriate workout clothing when exercising. DO NOT wear robes or other clothing that could become caught in the machine. Running or aerobic shoes are also required when using the machine.
7. Use the machine only for its intended use as described in this manual. DO NOT use attachments not recommended by the manufacturer.
8. Do not place any sharp object around the machine.
9. Disabled person should not use the machine without a qualified person or physician in attendance.
10. Before using the machine to exercise, always do stretching exercises to properly warm up.
11. Never operate the machine if the machine is not functioning properly.
12. A spotter is recommended during exercise.

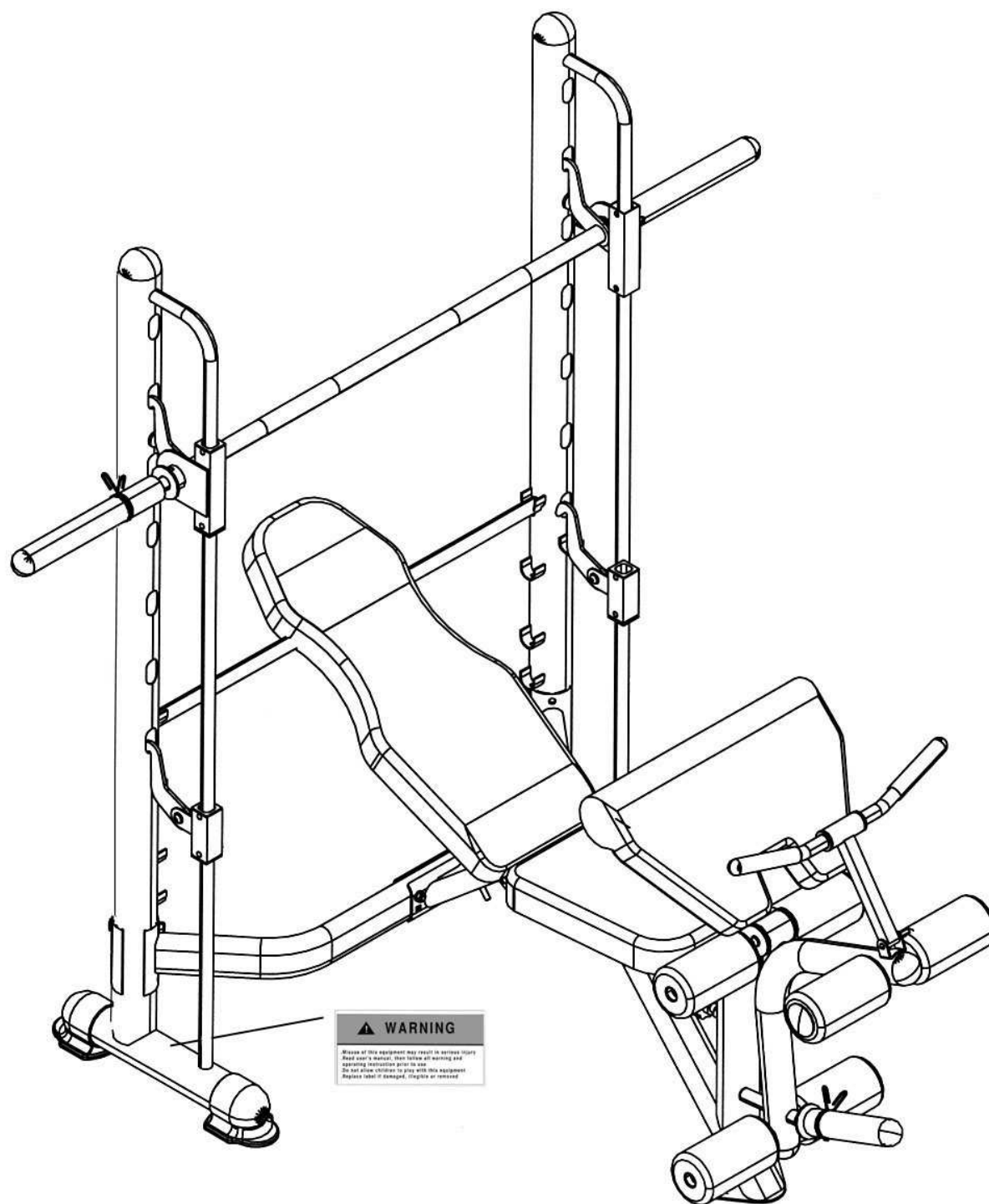
### **CARE AND MAINTENANCE**

1. Inspect and tighten all parts before using the machine.
2. The machine can be cleaned using a damp cloth and mild non-abrasive detergent. DO NOT use solvents.
3. Maximum weight capacity 140 kg.

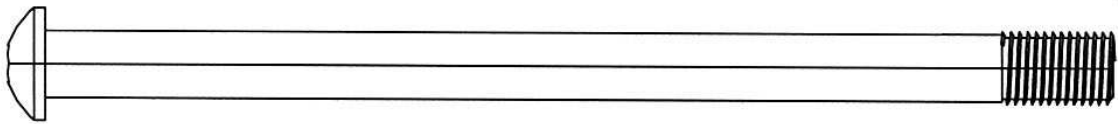
**WARNING: BEFORE BEGINNING ANY EXERCISE PROGRAM, CONSULT YOUR PHYSICIAN. THIS IS ESPECIALLY IMPORTANT FOR INDIVIDUALS OVER THE AGE OF 35 OR PERSONS WITH PRE-EXISTING HEALTH PROBLEMS. READ ALL INSTRUCTIONS BEFORE USING ANY FITNESS EQUIPMENT. PURE-TEC LIMITED ASSUMES NO RESPONSIBILITY FOR PERSONAL INJURY OR PROPERTY DAMAGE SUSTAINED BY OR THROUGH THE USE OF THIS PRODUCT.**

**SAVE THESE INSTRUCTIONS.**

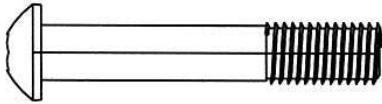
## WARNING LABEL



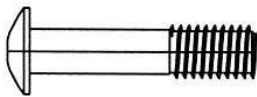
## HARDWARE PACK



#53 M12 x 7 1/2" Allen Bolt (Qty 1)



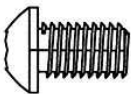
#51 M10 x 2 3/8" Allen Bolt (Qty 2)



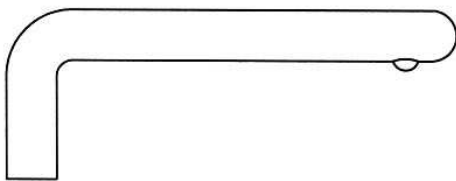
#54 M8 x 1 5/8" Allen Bolt (Qty 4)



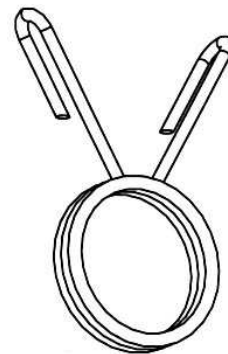
#52 M10 x 1" Allen Bolt (Qty 6)



#55 M8 x 5/8" Allen Bolt (Qty 6)

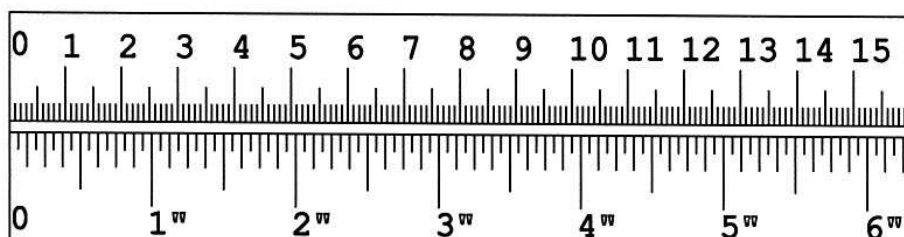


#26 L-shaped Lock Pin  
(Qty 1)

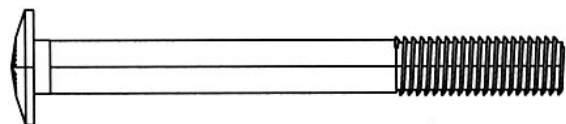


#27 Spring Clip  
(Qty 3)

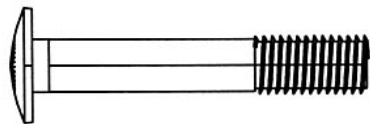
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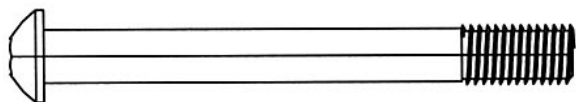
**HARDWARE PACK**



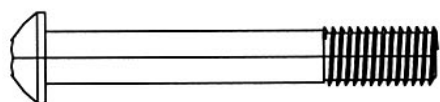
#47 M10 x 3 3/4" Carriage Bolt (Qty 4)



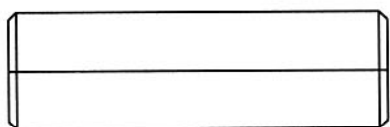
#48 M10 x 2 3/8" Carriage Bolt (Qty 4)



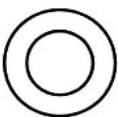
#49 M10 x 3 3/4" Allen Bolt (Qty 2)



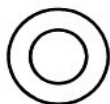
#50 M10 x 2 3/4" Allen Bolt (Qty 1)



#28 Axle (Qty 1)



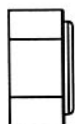
#60 Ø 1" Washer (Qty 2)



#59 Ø 3/4" Washer (Qty 22)



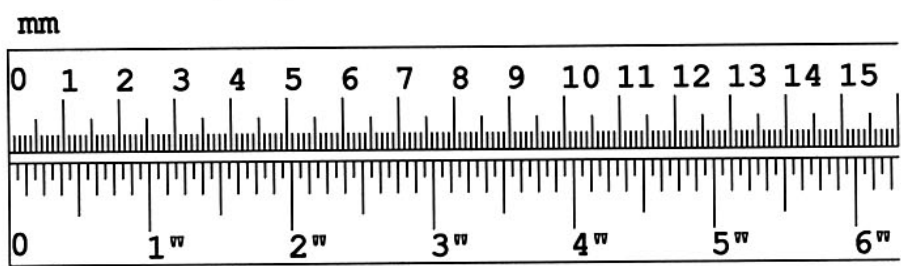
#58 Ø 5/8" Washer (Qty 10)



#45 M12 Aircraft Nut (Qty 1)



#46 M10 Aircraft Nut (Qty 11)



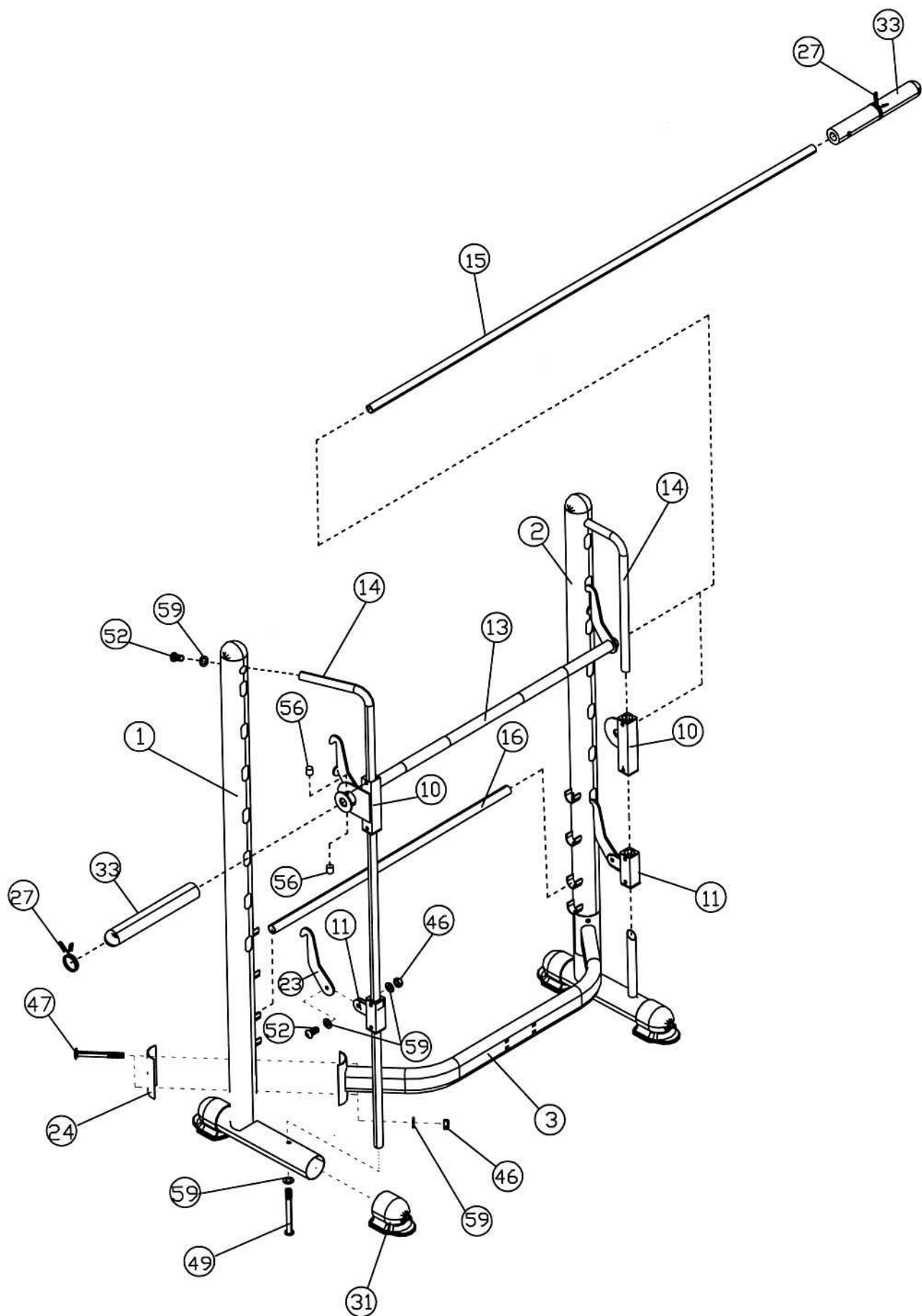
# ASSEMBLY INSTRUCTION

**Tools Required Assembling the Machine: Two Adjustable Wrenches and Allen Wrenches. NOTE: It is strongly recommended two or more people assembling this machine to avoid possible injury.**

## **STEP 1 (See Diagram 1)**

- A.) Push four Ø3" End Caps (#31) onto the bases of Right & Left Upright Beams (#1 & #2).
- B.) Connect the Left & Right Upright Beams (#1 & #2) by a Cross Brace (#3) in the mid-span. Align the holes and secure each end with two M10 x 3 ¾" Carriage Bolts (#47), one 5 ½" x 3 3/8" Bent Bracket (#24), two Ø ¾" Washers (#59), and two M10 Aircraft Nuts (#46).
- C.) Place the Backrest Adjustment Bar (#16) onto the selected slot on the Upright Beams.
- D.) Slide a Glider (#10) onto a Guide Rod (#14) from the bottom.
- E.) Slide a Safety Stop (#11) onto the Guide Rod from the bottom. Attach a Safety Catch Hook (#23) to the Safety Stop. Secure it with one M10 x 1" Allen Bolt (#52), two Ø ¾" Washers (#59), and one M10 Aircraft Nut (#46).
- F.) Attach and secure the top of the Guide Rod to the Right Upright Beam (#1) with one M10 x 1" Allen Bolt (#52) and Ø ¾" Washer (#59). Secure the bottom to the base with one M10 x 3 ¾" Allen Bolt (#49) and Ø ¾" Washer (#59).
- G.) Repeat Procedures D, E, and F above to install the other side.
- H.) NOTE: Help of another person to install the Weight Bar in this step is strongly recommended. Place the Lifting Sleeve (#13) in between the two Gliders (#10). Align the holes and insert the Weight Bar (#15) into the Glider from one end through the Lifting Sleeve to the other Glider on the opposite side. Secure the Weight Bar with two M8 x 3/8" Allen Bolts (#56).
- I.) Attach two Long Olympic Sleeves (#33) onto the Weight Bar from both ends. Secure the Sleeve to the Weight Bar with the screw on the Sleeve. Attach a Spring Clip (#27) to each Sleeve.

DIAGRAM 1

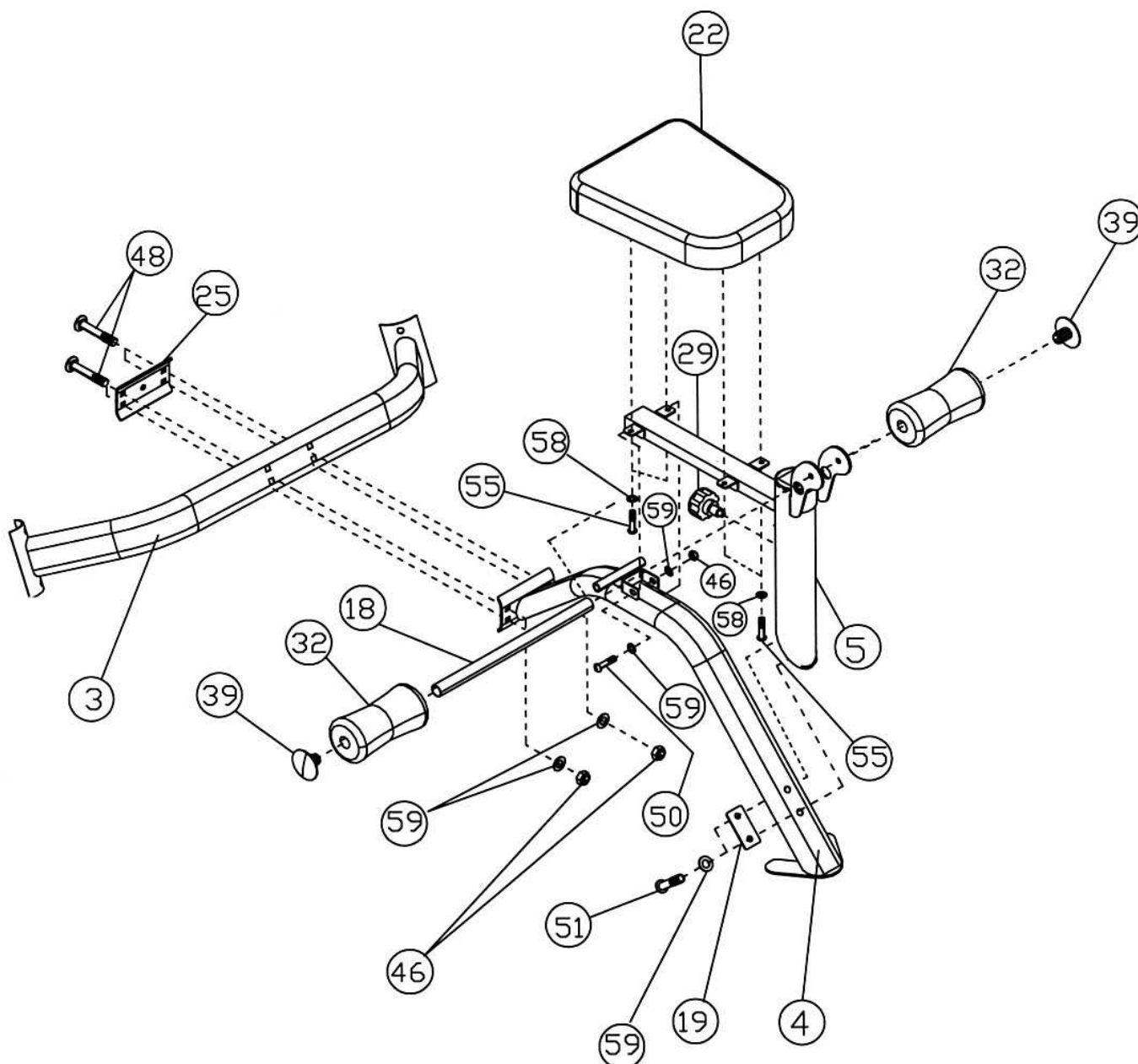




## STEP 2 (See Diagram 2)

- A.) Attach the Main Seat Support (#4) to the Cross Brace (#3). Secure it with one 5 1/2" x 3" Bent Bracket (#25), four M10 x 2 3/8" Carriage Bolts (#48), four Ø 3/4" Washers (#59) and four M10 Aircraft Nuts (#46).
- B.) Attach the seat support frame on the Leg Developer Holder (#5) to the bracket on the Main Seat Support (#4). Secure it with one M10 x 2 3/4" Allen Bolt (#50), two Ø 3/4" Washers (#59), and one M10 Aircraft Nut (#46). Do not tighten the Nut and Bolt yet.
- C.) Attach the bottom of Leg Developer Holder (#5) to the Main Seat Support. Secure it with one Bracket (#19), two M10 x 2 3/8" Allen Bolts (#51) and two Ø 3/4" Washers (#59). Securely tighten all the Nuts and Bolts previously installed.
- D.) Place the Seat (#22) onto the seat support frame on the Leg Developer Holder. Secure it with four M8 x 5/8" Allen Bolts (#55) and Ø 5/8" Washers (#58).
- E.) Thread the Lock Knob (#29) into the hole on the Leg Developer Holder.
- F.) Insert a Foam Tube halfway through the hole on the Leg Developer Holder. Push two Vinyl Foam Rolls (#32) onto the Tube from both ends. Push two Foam Roll End Caps (#39) into the ends.

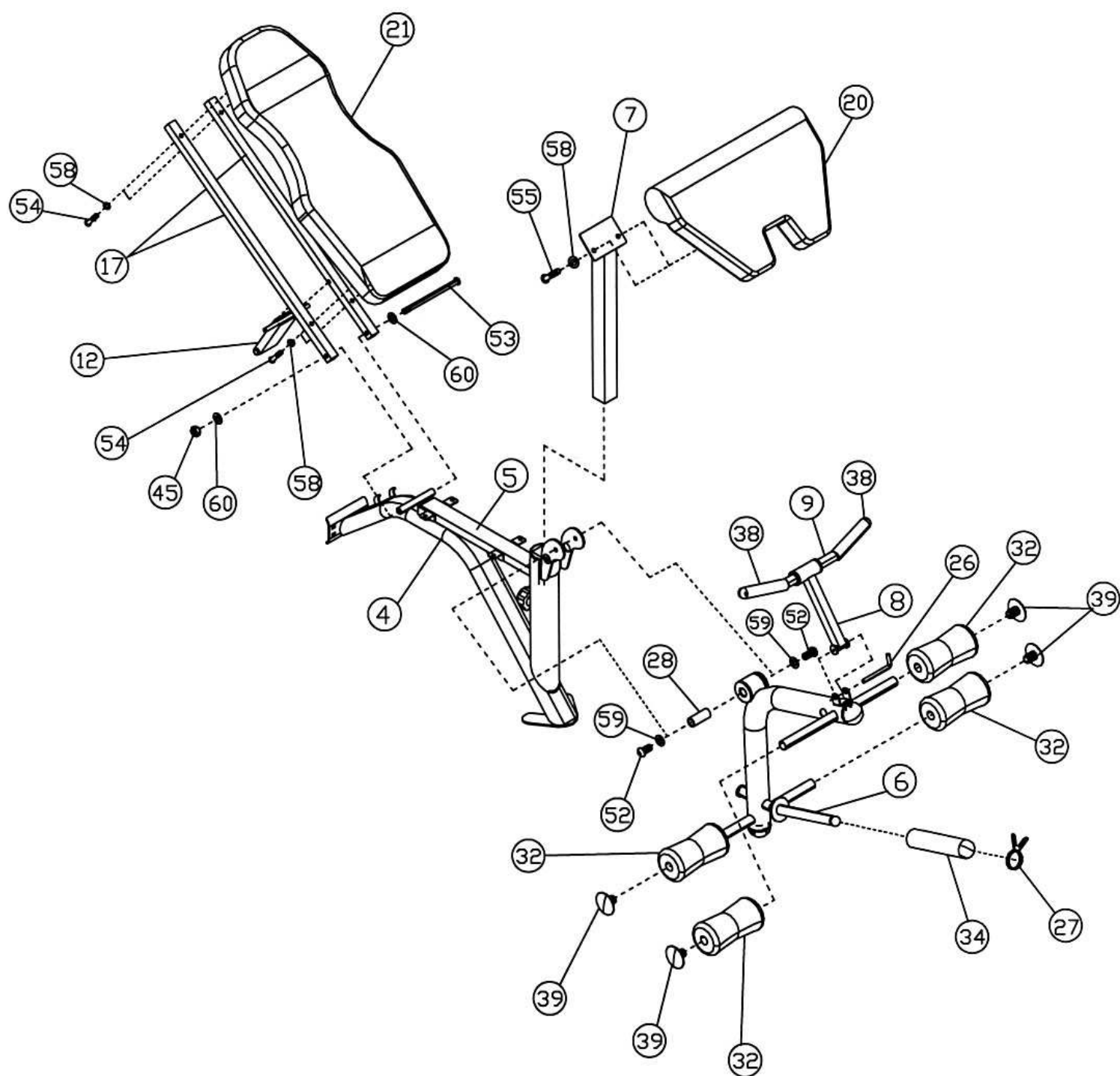
**DIAGRAM 2**



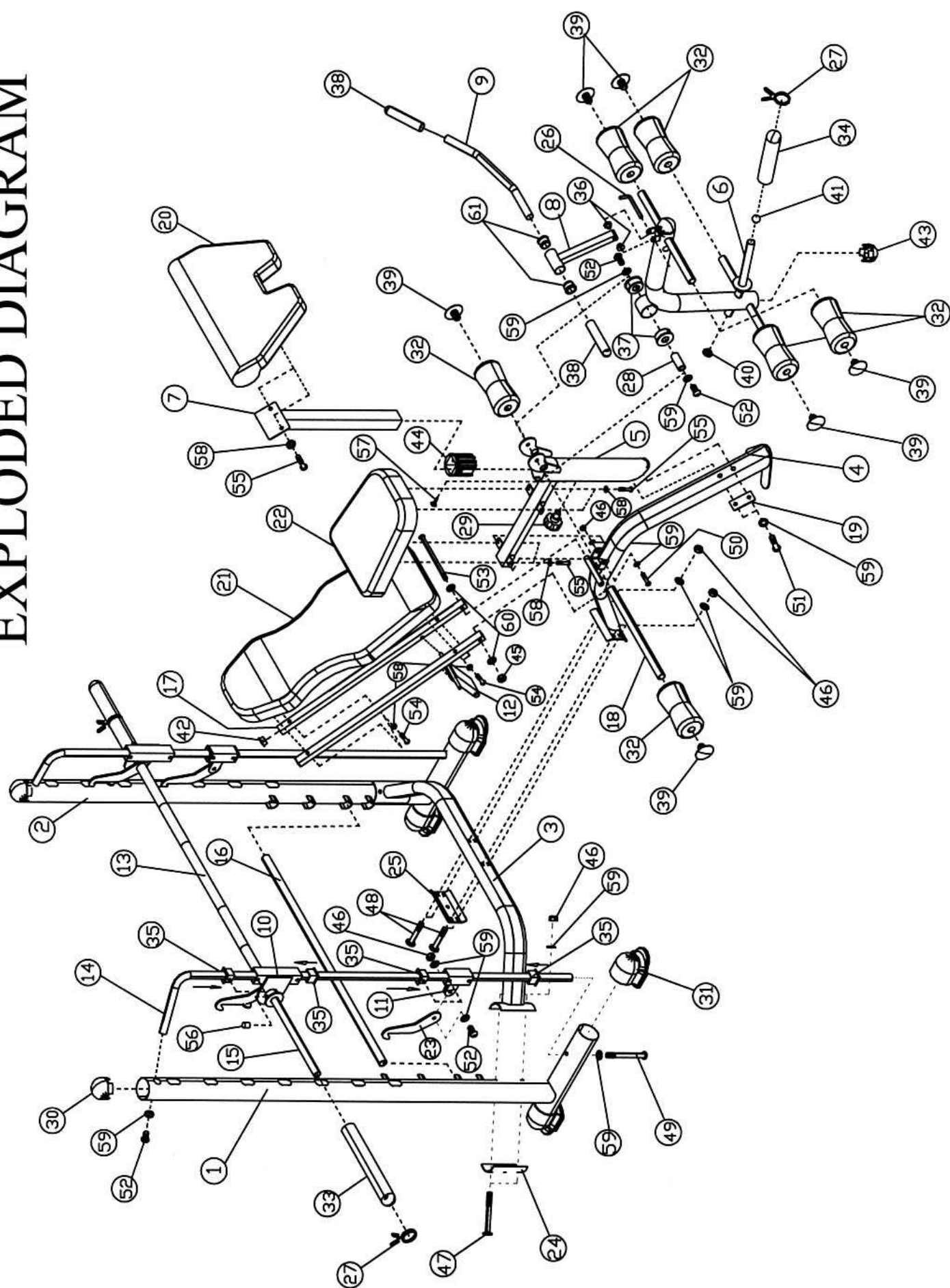
### **STEP 3 (See Diagram 3)**

- A.) Attach the Backrest Incline Support (#12) in between the two side-holes on the Backrest Supports (#17). Attach the Backrest Supports to the pivot on the Main Seat Support (#4). Secure it with one M12 x 7 1/2" Allen Bolt (#53), two Ø 1" Washers (#60), and one M12 Aircraft Nut (#45).
- B.) Place the other end of Backrest Supports rest against the Backrest Adjustment Bar.
- C.) Place the Backrest Board (#21) onto the Backrest Supports (#17). Secure it with four M8 x 1 5/8" Allen Bolts (#54) and Ø 5/8" Washers (#58).
- D.) Attach the Leg Developer (#6) to the Leg Developer Holder (#5). Secure it with one Axle (#28), two M10 x 1" Allen Bolts (#52), and two Ø 3/4" Washers (#59).
- E.) Insert two Foam Tubes (#18) halfway through the holes on the Leg Developer. Push four Vinyl Foam Rolls (#32) onto the Tubes. Push four Foam Roll End Caps (#39) into the Tubes from both ends.
- F.) Attach a Short Olympic Sleeve (#34) to the weight post on the Leg Developer. Attach a Spring Clip (#27) to the Sleeve.
- G.) Attach the Curl Bar Handle (#9) to the bracket on the Leg Developer. Secure it with a L-shaped Lock Pin (#26).
- H.) Attach the Arm Curl Pad (#20) to the Arm Curl Stand (#7). Secure it with two M8 x 5/8" Allen Bolts (#55) and Ø 5/8" Washers (#58). Insert the Arm Curl Stand into the opening on top of Leg Developer Holder. Secure it with the Lock Knob.
- I.) Remove the Arm Curl Stand and Curl Bar Handle when doing Leg exercises.

# DIAGRAM 3



# EXPLODED DIAGRAM



## PARTS LIST

KEY NO	DESCRIPTION	Q'ty			
1	Right Upright Beam	1			
2	Left Upright Beam	1	50	M10 x 2 3/4" Allen Bolt	1
3	Cross Brace	1	51	M10 x 2 3/8" Allen Bolt	2
4	Main Seat Support	1	52	M10 x 1" Allen Bolt	6
5	Leg Developer Holder	1	53	M12 x 7 1/2" Allen Bolt	1
6	Leg Developer	1	54	M8 x 1 5/8" Allen Bolt	4
7	Arm Curl Stand	1	55	M8 x 5/8" Allen Bolt	6
8	Curl Bar Handle Support	1	56	M8 x 3/8" Allen Bolt	4
9	Curl Bar Handle	1	57	Philips Screw	1
10	Glider	2	58	Ø 5/8" Washer	10
11	Safety Stop	2	59	Ø 3/4" Washer	22
12	Backrest Incline Support	1	60	Ø 1" Washer	2
13	Lifting Sleeve	1	61	Ø 1 1/2" Bushing	2
14	Guide Rod	2		#4 Allen Wrench	1
15	Weight Bar	1		#5 Allen Wrench	1
16	Backrest Adjustment Bar	1		#6 Allen Wrench	2
17	Backrest Support	2		#8 Allen Wrench	1
18	Foam Tube	3			
19	Bracket	1			
20	Arm Curl Pad	1			
21	Backrest Board	1			
22	Seat	1			
23	Safety Catch Hook	2			
24	5 1/2" x 3 3/8" Bent Bracket	2			
25	5 1/2" x 3" Bent Bracket	1			
26	L-shaped Lock Pin	1			
27	Spring Clip	3			
28	Axle	1			
29	Lock Knob	1			
30	Ø 3" Con-shaped End Cap	2			
31	Ø 3" End Cap	4			
32	Vinyl Foam Roll	6			
33	Long Olympic Sleeve	2			
34	Short Olympic Sleeve	1			
35	1 1/2" Sleeve	8			
36	Bushing	2			
37	Axle Bushing	2			
38	Grip	2			
39	Foam Roll End Cap	6			
40	Ø 1" End Cap	1			
41	Ø 1" Con-shaped End Cap	1			
42	1" Square End Cap	2			
43	Ø 2 3/8" End Cap	2			
44	Ø 3" Sleeve	1			
45	M12 Aircraft Nut	1			
46	M10 Aircraft Nut	11			
47	M10 x 3 3/4" Carriage Bolt	4			
48	M10 x 2 3/8" Carriage Bolt	4			
49	M10 x 3 3/4" Allen Bolt	2			

## LIMITED WARRANTY

Pure-Tec Limited warrants this product to be free from defects in workmanship and material, under normal use and service conditions. Please refer to [www.puretecfitness.com](http://www.puretecfitness.com) for warranty conditions. This warranty extends only to the original purchaser and is valid for home use only. Pure-Tec's obligation under this Warranty is limited to replacing damaged or faulty parts at Pure-Tec's option.

All returns must be pre-authorized by Pure-Tec. This warranty does not extend to any product or damage to a product caused by or attributable to freight damage, abuse, misuse, improper or abnormal usage, purchasers own repairs or for products used for commercial or rental purposes. No other warranty beyond that specifically set forth above is authorized by Pure-Tec.

Pure-Tec is not responsible or liable for indirect, special or consequential damages arising out of or in connection with the use or performance of the product or other damages with respect to any economic loss, loss of property, loss of revenues or profits, loss of enjoyments or use, costs of removal, installation or other consequential damages or whatsoever natures.

The warranty extended hereunder is in lieu of any and all other warranties and any implied warranties of merchantability or fitness for a particular purpose is limited in its scope and duration to the terms set forth herein.

Your statutory rights are not affected.

### ORDERING REPLACEMENT PARTS

Replacement parts can be ordered by contacting our Customer Solutions Department,

[www.puretecfitness.com](http://www.puretecfitness.com)

Email: [service@puretecfitness.com](mailto:service@puretecfitness.com)

When ordering replacement parts, please give the following information

1. **Model**
2. **Description of Parts**
3. **Part Number**
4. **Date of Purchase**